



HEARTHSTONE  
BY THE BAY

# HEARTHSTONE SPIRIT

## June

2026

# Seniors Month

DJ Joe's  
Dance Party



Complimentary  
Donuts



Complimentary  
Banana Splits



Complimentary  
Ice Cream Truck



Northern Lights  
Slideshow



Complimentary BBQ

See inside for activities throughout the month



HEARTHSTONE  
BY THE BAY

# Hearthstone Directory

Hearthstone by the Bay  
3 Marine Parade Drive, Etobicoke, Ontario, M8V 3Z5  
Tel: 416-503-3332 Fax: 416-503-3320  
www.hearthstoneetobicoke.ca

## Clubhouse Departments

- Managing Director - Norma Jean Sittler.....njsittler@hearthstone.ca
- General Manager - Maureen Malone Ext. 2.....mmalone@hearthstone.ca
- Office Manager - Greg Peterson Ext. 5.....gpeterson@hearthstone.ca
- Director of Wellness - Deanna Brophy Ext. 3.....dbrophy@hearthstone.ca
- Recreation Director - Joe Moniz Ext. 6.....jmoniz@hearthstone.ca
- Dining Room Manager - Savio DaCosta Ext. 7.....sdacosta@hearthstone.ca
- Clinical Care Coordinator - Jomar Eley Ext. 8.....jeley@hearthstone.ca
- Concierge - Ext. 0.....conciergebythebay@hearthstone.ca
- Nurse on Duty - Ext. 4.....wellnessbythebay@hearthstone.ca
- Housekeeping - Greg Peterson Ext. 5.....gpeterson@hearthstone.ca
- Dining Room Reservations - Ext. 1

*For information on  
dining features, virtual activities, weather, and club news  
from the *Hearthstone Spirit Newsletter**

**Call our 24 Hour Hotline - 416-503-3332 Ext. 9**

# Available Services

*What's available at the Concierge desk?*

## Dry Cleaning

**Exclusive Dry Cleaning** offers free pick up and delivery of your dry cleaning. Pick up and drop off is Tuesday and Friday at the Concierge desk. Easy, quick, and convenient!!  
*They also clean drapes, duvet covers and small area rugs.*



## Transportation and Companion Services

Friendly and reliable transportation service will take you door to door to appointments, run errands, or other engagements. \$40.00/hour (25km included).

Angelo is back and available to drive you to your appointments and destinations for the summer.

Call Deanna at ext. 3 or Concierge to secure bookings for medical appointments, or places you would like to visit, or to meet people you would like to see!



## Concierge Services:

Talk to the concierge for services such as:

- *Wake-up calls,*
- *Reservations,*
- *Shuttle sign-ups.*



Our Concierge Team is delighted to assist you whenever and wherever they can.



Andre T



Sandesh S



Moustafa A



Rebecca S



Richard L



Heli P



Emmanuel N



Greg P 3

# Available Services

## Hearthstone Club Cards:

Re-loadable, with NO expiry-date!

Available in \$20 increments - for use in any department. Please see Maureen, 3rd floor Hearthstone Club, if you would like to surprise a friend or neighbour for a special occasion.

Gift cards can be used everywhere in the club, for any event or occasion.



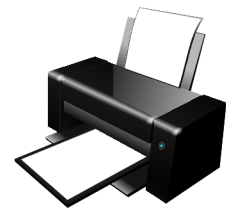
## Print, Copy, and Shredding Service

We offer scanning, typing, faxing, e-mails.

\$0.25/page, black & white, or

\$0.75/page for colour

*See Greg or Maureen for assistance.*



## Tablet/Phone Troubleshooting

**Greg Peterson**, our Office Manager, is available to help with phone & tablet questions or IT problems you may be facing. He is not a trained technician, but is tech-savvy (if something is beyond his scope, he will let you know) and is willing to troubleshoot your everyday problems, or teach you how to do certain functions on your phone or tablet. Computer assistance fee applies.



Contact Greg at ext. 5 to set up a time.



*Do you have a helpful comment or suggestion? Let us know!*

*Drop your comment in the suggestion box located on the 3rd floor on the righthand side of the wall wall as you enter the pub, just past the hutch.*

*Even drop a mention if you see someone going above & beyond, or you particularly appreciated an event or service. We love feedback.*

*If you have a comment for the Board, you can drop it in the box too and we will deliver it to them for you.*

# In The Dining Room

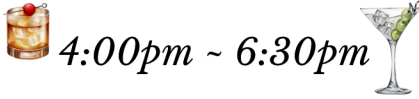
*What's cooking at Hearthstone?*

*Drinks  
with Dean*



## TUESDAYS ~ PUB NIGHT

Join us every Tuesday for  
Pub food & cocktails



4:00pm ~ 6:30pm

“Drink of the Day” \$7~

Pub Food + Cocktail  
of the day \$20~

## THURSDAY AFTERNOON



### *Café Society!*

Every Thursday  
4:00pm ~ in the Pub.

Freshly brewed coffee & tea,  
Cappuccino & Espresso,  
Irish coffee, etc.

*Catch up with friends and enjoy  
good conversations over a cuppa!*

*Join  
barista*



*Mark*

## FRIDAY NIGHT FISH SPECIALS

Enjoy crispy haddock fish n' chips  
or other delicious fish dinner specials.

*Fish n' Chip or...*

June 5: *Mussels*

June 12: *Halibut*

June 19: *Shrimp Thermidor*

June 26: *Rainbow Trout*



## *Saturday*

### SATURDAY NIGHT SPECIALS

June 6: *Steak & Shrimp*

June 13: *Roast Chicken*

June 20: *Rack of Lamb*

June 27: *Prime Rib Dinner*

*Brunch  
Buffet*

*Sunday  
Brunch*



*Brunch  
Buffet*

Join us for a delicious Sunday Brunch featuring:

*Our Live Omelette Station*

*Savory Sausage & Crispy Bacon*

*Freshly Baked Pastries & Muffins*

*Top off your brunch with a refreshing Mimosa or Cappuccino!*

Reservations required by Saturday @ Noon



NO ROOM DELIVERY, TAKE-OUT OR A LA CARTE AVAILABLE AT SUNDAY BRUNCH

# In The Dining Room

*What's cooking at Hearthstone?*

## DINING ROOM HOURS



### Lunch Service

Opens: 12:00pm

Last Seating: 1:30pm

### Dinner Service

Opens: 5:00pm

Last Seating: 6:30pm

RESERVE



Reservations are required in the dining room.

Please call ext. 1, to make your reservation.

For special requests, speak with Savio.

***Please note that  
on special event / special menu days,  
the à la carte menu will not be available.***

## PUB HOURS

Complimentary Coffee Social: 10:00-11am Mon-Sat

Pub Service: 12-7:00pm

## Why Make a Reservation?

- ✓ To ensure the best possible dining experience for everyone
- ✓ To ensure we prepare enough food
- ✓ To allow guests with reservations to be served the feature dish first
- ✓ To ensure proper staffing for efficient and attentive service

Please make your dinner reservation by calling ext. 1 before 3:00pm.

We're delighted to see so many residents enjoying the dining room & Pub!

Thank you for helping us provide a smooth and enjoyable dining experience for everyone!

## ATTENTION RESIDENTS:

In the event of an elevator disruption during room delivery service times (at 1:00pm or before 5:00pm), room delivery will not be available.

Self pick-up will be the only option during this time.

Thank you for your understanding and cooperation.



## COMPLIMENTARY RESIDENTS BBQ

Thursday June 18<sup>th</sup> ~ 4:00 p.m.



Dinner will be earlier so those of you who wish, you can watch the

Canada vs. Qatar World Cup Soccer game

in the pub or the theatre, or your own living room.

Wear red & white and support our Canadian Team!



Join us for

*Beef on a Bun, Polish Sausages*

*Assorted Salads (Potato, Pasta, Beet, Waldorf, etc.)*

*Ice Cream Sandwiches!!*

# In The Dining Room

*What's cooking at Hearthstone?*

## SPECIAL EVENTS IN JUNE

Retro Dinner Steak & Shrimp	Saturday, June 6 <sup>th</sup> <i>RSVP by June 4<sup>th</sup></i>	5pm
Banana Splits <i>Complimentary</i>	Monday, June 8 <sup>th</sup> <i>RSVP by June 6<sup>th</sup></i>	3pm
Friendship Dinner	Thursday, June 11 <sup>th</sup>	
5pm Seniors' Week BBQ	Thursday, June 18 <sup>th</sup> <i>Complimentary Dinner</i>	4pm
Resident's Choice Dinner	Wednesday, June 24 <sup>th</sup> <i>RSVP by June 22<sup>nd</sup></i>	5pm
Residents' June Birthdays Dinner	Thursday, June 25 <sup>th</sup> <i>Birthday cake for everyone</i>	5pm

### THURSDAY NIGHT BBQs

BBQ Season at Hearthstone is in full swing, on Thursdays during the Summer. (weather permitting)



- June 4: Cedar Plank Salmon
- June 11: BBQ Ribs
- June 19: Polish Sausage & Burgers
- June 25: Burgers &  
Birthday Cake

### RESIDENT'S CHOICE DINNER

EDNA DIETERT

WEDNESDAY, JUNE 24<sup>th</sup>

@ 5:00PM ONLY

*Arugula Salad with Pecans,  
roasted Beetroot & Goat Cheese*

*Pan Fried Salmon,  
with Mashed Potatoes,  
and Peas & Carrots*

*Crunchy Hazelnut Meringue  
with Raspberries & Cream*

\$35~

Please RSVP  
before Monday, June 22<sup>nd</sup> at ext:1

*No à la carte available on this evening.*

# In The Dining Room



## Cookie Decorating class

Wednesday June 10th @ 2pm

Join Mary Parker for a fun and informative class decorating sugar cookies with Royal Icing.

Learn all the tips and tricks to decorate delightful tasty treats.

During the one hour class Mary will share her secret recipes for the best ever sugar cookies and the best royal icing. You will decorate 3 cookies and take them home.

Cost is \$15 per person ~ all supplies, and full step-by-step instructions will be provided. Come, bring a friend and let's decorate cookies.

To register notify call Maureen at ext 2.

*Limited to 25 people.*



Samples of actual cookies

## ***Fathers' Day Brunch***

**SUNDAY JUNE 14, 2026 @ 12 NOON**

**CELEBRATING THE MEN AND FATHERS IN OUR LIVES!!**

Join us for an extra special Sunday Brunch featuring:



*Eggs Benedict with Steak*

*Short Ribs, Eggs Ranchero*

*Create-Your-Own Omelette station*

*Savory Sausage & Crispy Bacon*

*Waffles*

*Freshly Baked Pastries, etc...*



*Top off your brunch with a refreshing Mimosa or Cappuccino!*

Reservations required by Saturday @ Noon

**NO ROOM DELIVERY, TAKE-OUT OR A LA CARTE AVAILABLE AT SUNDAY BRUNCH**

# Wellness Services

*If you wish to use our third party services, please reach out to the contacts listed below.*

## Unique Cuts Hair Salon



**Natasha** offers her hair services **Wednesdays from 9:30am - 5:00pm.**

**Special Offer:** All first time clients will receive 50% off first visit for a shampoo, cut & style *OR* bring a family member, and they will receive a wash/blow dry or a wash/cut/blow-dry for 25% off.

Call the Concierge desk to book your appointment ext. #2222.

## Aesthetician Services



**Claudia**, our wonderful aesthetician, is here **every Wednesday 10:00am - 2:00pm** in the 2<sup>nd</sup> floor Solarium.

Call the concierge to book an appointment ext. #2222.

Walk-ins Welcome.

**Special Offer:** 10% discount on any service during your birthday month. *One time offer.*

## Dental Hygienist



**Cheryl** from *Direct Smiles* is on-site on **Friday, June 5** for teeth cleaning and dental maintenance.

Call the Wellness desk to book your appointment ext. #3.

## Psychotherapist



**Olea** is a Registered Psychotherapist who specializes in working with older adults and their families. She is available for individual sessions, in your home or a private space within the building.

Call Olea at 416-702-8313

## Audiology



**Hearing Life** is our audiology provider. They will be on-site in the 2<sup>nd</sup> floor Solarium on **Monday, June 22.**

Call Hearing Life to schedule an appointment 1-855-563-2505.

## Life Labs On-site Testing



**Life Labs** will be onsite every Monday morning to complete testing. Please bring your Doctor's requisition to the Wellness Centre. Lab fees applicable.

*Note: No service on any holiday Monday (service Wednesdays instead)*

# Wellness Services

*If you wish to use our third party services, please reach out to the contacts listed below.*



## **Registered Chiroprapist**

**Arezou Hassani** is stepping in to cover for Mary-Anne while she is on maternity leave.

Arezou will be here **Friday, June 12**. Please call Deanna or the Wellness desk to book your appointment.



## **Foot Care**

Take care of your feet! In the comfort of your suite, schedule an appointment with our foot care nurse.

**Jennifer** is here **Tuesdays June 9, 23 and 30**.

Call 905-928-1724 to book an appointment.



## **Chiropractor**

Our chiropractor **Tamara** is here **Thursdays 10:00am-12:00pm** to address your aches and pains.

Call Deanna or the Wellness desk to book your appointment ext. #3.



## **Massage Therapy**

**Krista** is a Registered Massage Therapist.

Krista offers massage therapy services **Tuesdays from 11:00am - 5:00pm**

Call Deanna to book your appointment.



## **Doctor Services**

**Dr. Ni** is the on-site doctor and trusted care provider for many.

Call the Wellness desk to book your appointment ext. 2204

## **Pharmacy**

Sign up with our preferred pharmacy, **Medicine Cabinet**, located on the ground floor of the building. They offer daily delivery, medication checks, education & counselling, as well as direct billing to private and government insurance plans.

Contact the pharmacists, **Imy** or **Parag**, at 416-901-9644.



# Wellness Services

## WELLNESS CUPBOARD

Hearthstone has a Health and Wellness store at the nurses station on the 2<sup>nd</sup> floor. We carry a variety of items including first aid items, Tena incontinence products, nutritional drinks such as Ensure and Glucerna, body wash, hygiene cloths and wipes, household products like toilet paper and other useful items for your health and wellness. If we don't have it in stock, we can easily get it for you.



We wish to thank RPN, Sherie, who has worked with Hearthstone for almost 15 years. Sherie takes pride in looking after residents, and keeping our Wellness cupboard stocked.

### NEW LAUNCH

# PRODUCT OF THE MONTH

We are excited to announce that we are now providing **Ensure Clear** nutritional drinks to our residents. Ensure Clear is a refreshing, fruit-flavoured nutritional beverage designed to support hydration and provide essential vitamins and protein. This new addition offers a light and enjoyable option for residents looking for extra nutritional support throughout the day.



**\$90**  
CASE OF 24

# Wellness Services

## EMU Monitoring

Floors 17, 18, 19, 20, and 21



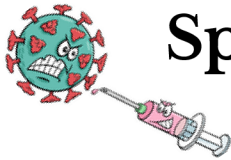
The Wellness Team will review how to use the new Emergency Monitoring Unit system and will be updating your medical and contact information at this time.

Do you have questions about the EMU Emergency Call System (EMU). Please reach out to Deanna or any of the nursing team if you have questions, or would like to turn your pendant into a wrist watch.

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## Spring COVID Booster Monday, June 1

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Join Hearthstone staff, residents, and Humber College nursing students for a **Community Walk** on June 9<sup>th</sup> @ 10:30am. We will walk along the lake to Lola's Gelato! Bring a hat, sunglasses, sunscreen, and money. All are welcome!

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Back by popular demand... We will be hosting



## Lunch & Learn



over the course of the next few months.

What is "Lunch and Learn"? Well...

The lunch part is simple ~ It's a bag lunch: sandwich, veggies, fruit & a treat!

The learn part is where residents play a part...

We have a lot of interesting residents who have careers, stories, hobbies, or trips to share. So what better way to learn about them than to hear first hand.

Please drop us a note if you would like to participate as one of the presenters. It's casual - no need to feel any pressure.

It's just a group of friends having lunch.

Please email Norma Jean at [njsittler@hearthstone.ca](mailto:njsittler@hearthstone.ca)  
or Maureen [mmalone@hearthstone.ca](mailto:mmalone@hearthstone.ca).

Let's learn and have some social fun while we do!

Stay tuned for the upcoming schedule!

# Wellness Wednesdays

Join us for the annual Hearthstone Wellness Fair

Many of our vendors will be here to answer your questions and discuss new products or services.

Plus we have door prizes and refreshments.

## HEALTH & WELLNESS FAIR

Wed June 3rd / 1:00 - 2:30pm / 3rd Floor Dining Room

 **HearingLife**

**SENIORSTORE™**  
PRODUCTS THAT MAKE LIFE EASIER 

 *Medicine Cabinet*  
**PHARMACY**

**TENSnet.com** Over 50,000 products!  
Your complete source for Health • Medical • Exercise • Rehab

**ROYAL LEPAGE** REAL ESTATE ASSOCIATES BROKERAGE  
Independently owned and operated

**VISION LOSS REHABILITATION™**  
CANADA

 **essity**

**Larose**  
REAL ESTATE GROUP

**lifemark** 

*Société Alzheimer Society*  
CANADA 

**Sysco**  
At the heart of food and service

IT'S YOUR LIFE. IT'S YOUR CHOICE.  
**DYING WITH DIGNITY**  
CANADA 

  
EXCLUSIVE DRY CLEANERS

**FOOT CARE**

  
**MURCOR** RENOS

**HAIR SALON**

**MASSAGE THERAPY**

**CHIROPRACTOR**

**ESTHETICIAN**

**PLUS MANY MORE VENDORS...**

# Recreation



## BINGO

Monday at 1:30pm  
Wednesday at 2:00pm  
Saturday at 2:00pm  
*Location: Card Room*



## THE BOOK CLUB

Discover the fun in reading and discussing popular books.  
Wednesday June 24  
11am  
*Location: Library*

## Wii BOWLING

Friday June 26  
11:00am  
*Location: Theatre*



## MUSICAL NIGHTS

Join us in *the Theatre* every Tuesday at 7:00pm for a wonderful musical video experience!



## KNITTING CLUB

Come out to *the Card Room* on Fridays at 1:00pm to get your knitting game on!

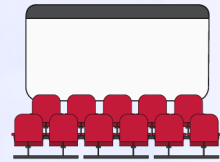


## ANGLICAN CHURCH SERVICE

Tuesday June 16  
4:00pm ~ *Hearthstone Theatre*

## CATHOLIC CHURCH SERVICE

Wednesday June 10  
4:00pm ~ *Hearthstone Theatre*



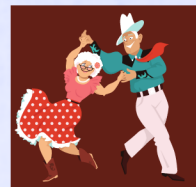
## EDUCATIONAL SERIES

Join us in *the Theatre* every Wednesday at 7:00pm for an educational video experience!



## KARAOKE

Friday June 12  
11:00am  
*Location: Theatre*



## LINE DANCING

Dance like nobody is watching!  
Friday June 5  
at 11:00am

Come try one of our line dancing classes. Beginner-friendly!  
*Location: Fitness Centre*

# CELEBRATING SENIORS MONTH

Celebrate Seniors Month with this warm, uplifting, and localized poem. For anyone in the Etobicoke and Greater Toronto Area, this tribute honors the rich history, enduring spirit, and vibrant contributions of older adults in our community.

## *The Golden Threads*

The winter's chill and summer's heat,  
Have left their mark on every street.  
But time cannot erase the grace,  
Of every smile and storied face.

In Etobicoke's parks and quiet shade,  
A lifetime's history is displayed.  
You are the roots, the steady, grand,  
The strongest timber in the land.

From lakefront strolls to memories made,  
Through every joy and quiet shade,  
You hold the wisdom of the past,  
And build foundations meant to last.

So here's to laughter, rich and deep,  
And all the memories we keep.  
A living treasure, brave and bright,  
Our community's guiding light.

# Recreation Shuttle Outings

<b>Date</b>	<b>Destination</b>	<b>Departure Time</b>
<i>Tuesday, June 2</i>	<b>Longo's Supermarket</b>	<i>1:00pm &amp; 1:30pm</i>
<i>Thursday, June 4</i>	<b>Delta Bingo</b>	<i>1:00pm &amp; 1:30pm</i>
<i>Tuesday, June 9</i>	<b>Giant Tiger Store Erin Mills</b>	<i>1:00pm</i>
<i>Thursday, June 11</i>	<b>Metro Supermarket</b>	<i>1:00pm &amp; 1:30pm</i>
<i>Tuesday, June 16</i>	<b>IKEA</b>	<i>1:00pm &amp; 1:30pm</i>
<i>Thursday, June 18</i>	<b>Cloverdale Mall</b>	<i>1:00pm &amp; 1:30pm</i>
<i>Tuesday, June 23</i>	<b>Loblaws Humbertown</b>	<i>1:00pm</i>
<i>Thursday, June 25</i>	<b>Shaw Festival "Funny Girl"</b>	<i>10:00am</i>
<i>Tuesday, June 30</i>	<b>Six Points Plaza</b>	<i>12:00pm</i> <i>*time change due to AGM</i>

[Book your spot on the shuttle with the Concierge](#)

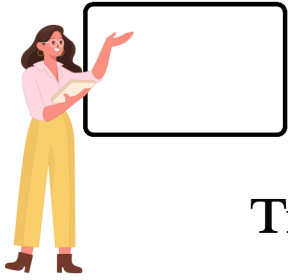
## Delta Bingo

Delta Bingo & Gaming is committed to delivering an exceptional entertainment experience in a dynamic and exciting environment – while proudly giving back to the communities they serve.

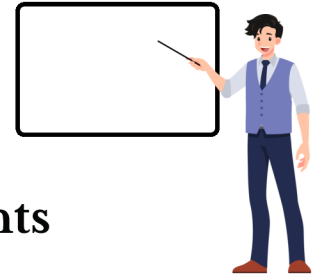
Location: 360 Evans Ave. Etobicoke

Thursday June 4th @ 1:00pm & 1:30pm





# Recreation Speaker Series



**Trekking Round The Northern Lights  
with William Wolfs.**

See pictures taken over a 14 year period, from Iceland, Norway, the Northwest Territories and Ontario. The slideshow also includes the stunning beauty of the glaciers and icebergs of Iceland and the fjords of Norway.

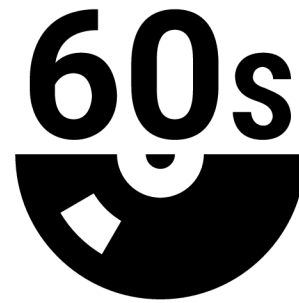
*Presented by Hearthstone Resident , William Wolfs.*



**Monday, June 29th**  
**3:00pm Theatre**  
Admission: *Free*



# Summer of 60s DANCE PARTY!!



Please join

DJ Funky Joe Moniz

for a fun time of 1960's dance hits and more!

**Friday June 26th 3:00pm**

Location - Pub



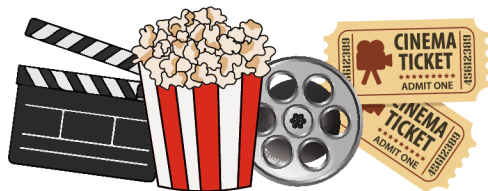
# See You At The Movies

*Tuesday, June 16<sup>th</sup> - 7:00 pm*

**MAN ON THE RUN (2025) - Prime**

*~ Music Documentary ~*

Story of Paul McCartney, post-Beatles, his struggles and the formation of his new band, Wings, alongside his wife, Linda



**Friday Afternoon ~ TV Series**

**A Story Told in Parts**

**MANAGEMENT REQUEST**

**THE MADISON (2025) - Paramount +**

The series follows the Clyburns, a New York City family, who relocate to southwest Montana for emotional recovery following a major tragedy. Michelle Pfeiffer and Kurt Russell star.

**Friday, June 5<sup>th</sup> ~ 2:30 pm**

*Episodes 1, 2*

**Friday, June 12<sup>th</sup> ~ 2:30 pm**

*Episodes 3, 4*

**Friday, June 19<sup>th</sup> ~ 2:30 pm**

*Episodes 5, 6*

**THE OTHER BENNETT SISTER (2026)**

**- Britbox**

A continuation of Jane Austen's "Pride And Prejudice" about Mary Bennett, the overlooked sister of the large Bennett family.

**Friday, June 26<sup>th</sup> ~ 2:30 pm**

*Episodes 1, 2*

**SATURDAY NIGHT AT THE MOVIES**

**@ 7:00 PM**

**CELEBRATING SENIORS**

***Saturday, June 6<sup>th</sup>***

**ELEANOR THE GREAT (2025) - Hoopla**

June Squibb stars as a 94 year-old who strikes up a friendship with a 19 year-old student. Directed by actress Scarlett Johansson.

**PRIDE / RESIDENT REQUEST**

***Saturday, June 13<sup>th</sup>***

**THE BIRDCAGE (1996) - Crave / Prime**

Robin Williams and Nathan Lane are a gay couple whose son is engaged to the daughter of ultraconservative parents in this delightful American version of the French film "La Cage aux Folles".

**FATHERS' DAY / RESIDENT REQUEST**

***Saturday, June 20<sup>th</sup>***

**SMALL THINGS LIKE THESE (2024) - Crave**

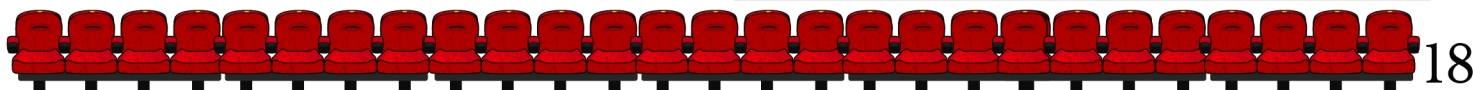
Cillian Murphy stars as the hard-working father of 5 daughters in a small Irish town in 1985 who becomes concerned when he witnesses the treatment of young girls in a convent in this moving drama

**NOMINATED, BEST PICTURE OSCAR**

***Saturday, June 27<sup>th</sup>***

**SENTIMENTAL VALUE (2025) - AppleTV**

This was the first from Norway to win the Best International Feature Film Academy Award. It follows two sisters and their reunion with their estranged film director father. In Norwegian and English, with subtitles.



# Housekeeping & Maintenance

At Hearthstone, we're here to help you make your home shine with our **Housekeeping & Handyman Services**.

Whether you're looking to spruce up your space or get those small tasks done, we've got you covered!



**Stove Hood Ventilation Cleaning** – Breathe easier

**Bathroom Ceiling Fan Cleaning** – Keep the air fresh

**Interior Window Cleaning** – Let the sun shine in!

**Carpet & Tile Grout Cleaning** – Refresh your floors

**Walker/Wheelchair/Scooter Cleaning** – Mobility aid care

**Hanging Pictures & Wall Patching** – Perfect your walls

...and other extra projects around your home.

Call Greg  
at ext. 5  
to book these  
special/extra  
Services



**STEAM  
CLEANING**



**WINDOW  
CLEANING**



**CARPET  
CLEANING**



**FRIDGE  
CLEANING**

Spring  
Cleaning

## Highlight ~ Drapes & Blinds

Refresh your windows with  
a spring clean of your blinds.

Or, we can steam clean your drapes.

Give us a call to schedule a time.



**DRAPES  
& BLINDS**

### What is the 5th Week for Housekeeping?

Cleaning days are scheduled for the 1<sup>st</sup> & 3<sup>rd</sup> week of each month OR the 2<sup>nd</sup> & 4<sup>th</sup> week of each month, or some have a weekly clean for 1 hour in the first four weeks of the month.

If there is a 5<sup>th</sup> day in a month, the housekeepers do not do suite cleaning, unless you have made prior special arrangements

**There is no regular housekeeping Monday, June 29<sup>th</sup> or Tuesday June 30<sup>th</sup>**

# Hearthstone by the Bay

## Meet Matthew ~ our new Hearthstone Handyman



Matthew was born in Mississauga but grew up in northern Portugal.

Matthew has been doing handyman, maintenance and drywalling for most of his working life, trades he learned from his grandfather.

He now lives in Mississauga with his wife, and they are expecting their first child in the fall. *Welcome Matthew!*

Please call Maureen at ext. 2 for any of your handyman needs, and we will set up a time for repairs to be fixed.

**Don't just take our word for it – here's what a homeowner working with Murcor has to say:**

“ Murcor Renos stuck to budget and met tight timelines. Gino was professional, easy to work with, and took the worry out of the renovation. Having done many renos, I've never had such strong communication with a contractor. I'll definitely use them again. ”

Our team is not only trustworthy and reliable, but we also ensure that **every worker has police clearance** for your peace of mind.

**MURCOR RENOS**

**OUR SERVICES:** Painting, Flooring, Drywall Repairs, Kitchens, Millwork, Carpeting, Bathrooms

Contact for a **free quote** today!

📞 **Gino: 416-856-0488**  
✉️ **murcorrenos@gmail.com**

**We also do Insurance Claims!**

ROYAL LEPAGE REAL ESTATE ASSOCIATES

**larose**  
REAL ESTATE GROUP

**Katrina Dauphinee**  
Sales Representative | Realtor®

katrina@laroseteam.com  
905.278.7355 | laroseteam.com

I've proudly worked with Hearthstone by the Bay for over 10 years and am a true advocate for this exceptional community. As Realtor® with a background in Gerontology and seniors housing, I help seniors navigate downsizing and retirement living with comfort and reassurance.

If you or someone you know is exploring this lifestyle, I would be happy to connect. Hearthstone is a unique and exceptional opportunity.

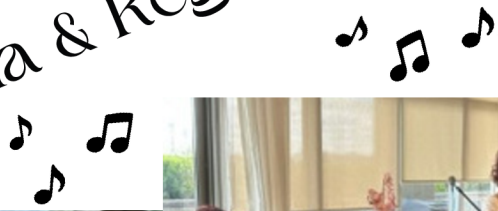
*Royal LePage Real Estate Associates Larose Team, Brokerage*

Please note that homeowners are free to hire their choice of contractor, as long as proper condominium related permissions have been granted.

Please Note: Homeowners are free to hire their real estate agent of choice.

# Hearthstone by the Bay

## Zelda & Regina Society Pages



Lisa's Birthday

## Lobster Dinner



# Hearthstone by the Bay

## Seniors Month

See what is happening for Seniors Month!

### Monday June 1st

Seniors' Week Kick-off  
Complimentary treats  
@ coffee time  
10:00 a.m. in the pub



### Wednesday June 3rd

Annual Health &  
Wellness Fair  
1:00 - 2:30 p.m.  
in the dining room



### Wednesday June 8th

Complimentary  
Banana Splits  
3:00 p.m. in the pub  
*Reserve by June 5th*



### Monday June 10th

Cookie decorating  
with Mary Parker  
(max 25 ppl)  
2:00 p.m. in the pub



### Monday, June 15th

Ice Cream Truck  
*Sponsored by  
Katrina Dauphinee &  
Larose/Royal Lepage Realtors*  
2:00 p.m. in the driveway



### Tuesday June 16th

Complimentary Donuts  
*sponsored by  
First Service  
Property Management*  
10:00 a.m. in the pub



### Thursday, June 18th

Complimentary BBQ,  
4-5:30 p.m.  
*(wear Red & White)*



### Friday June 26th

1960s Dance Party  
with DJ Joe  
There will be dancing!  
3:00 p.m. in the pub



### Monday, June 29th

Speaker: William Wolfs  
*The Northern Lights*  
3:00 p.m. in the theatre

